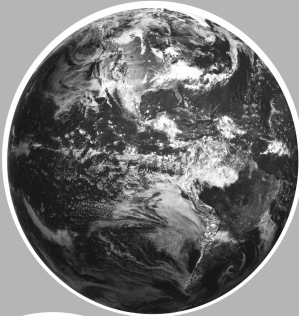


2

**Enhanced Edition*
NEP 2020 Guidelines

SOCIAL WORLD

Teacher Manual



YBPL

1. Our Body

- A.**
1. The five sense organs of our body are eyes, ears, nose, tongue and skin.
 2. Nose helps us to smell.
 3. Our neck helps us to turn and look around.
 4. Three things that we do with our legs are : (i) walking, (ii) running (iii) jumping
 5. Our shoulders support our neck and head.
- B.**
- | | | |
|----------|----------|----------|
| 1. False | 2. True | 3. False |
| 4. False | 5. False | |
- C.**
- | | | |
|---------|-----------|---------|
| 1. 206 | 2. tongue | 3. hair |
| 4. five | 5. skin | |

Hots :

1. Bones form the skeleton
2. The front part of the head is called face.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

My body is like a wonderful machine. It has many parts. Different parts of my body help me to perform different functions. I have two hands and two legs. I have five sense organs. My whole body is covered with skin.

Olympiad Questions :

1. The smallest finger in our hands is called thumb.
2. The brain rests inside the skull.
3. Each foot finger of our body is called the toe.

2. Keeping our Body Fit and Healthy

- A.**
1. We should get up early in the morning.
 2. We should wash our hands with soap and clean water before eating.
 3. We should brush our teeth twice everyday.

4. We have breakfast in the morning.
5. Playing some outdoor games everyday is a good way of exercise.

- B.** 1. True 2. False 3. False
4. False 5. False

C. Do yourself

Hots :

1. If we don't take proper care of our body we would become ill.
2. Name of any three outdoor games are : (i) Football (ii) Hockey (iii) Cricket

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

List of things we use to keep us clean is : Soap, Water, Nailcutter, Comb, Brush.

Olympiad Questions :

1. Our body is compared to machine.
2. We should clean our body with soap and water while taking our bath.
3. (i) We get up early in the morning and go to bed early at night. (ii) We brush our teeth twice a day in the morning and before going to bed. (iii) We do some light exercises daily.

3. Our Family

- A.** 1. small 2. cousins 3. siblings
4. joint 5. villages

- B.** 1. True 2. True 3. False
4. True

- C.** 1. A family is a group of people with whom we live.
2. There are three types of families : (i) Small (ii) Big (iii) Joint
3. A family where the mother, father and their one or two children live together is called a small family.
4. A small family in which children live with their mother or father is called a single-parent family.

Hots :

1. We can help old sick people in our family by spending some time with them, doing some works for them.
2. Yes

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Do yourself

Olympiad Questions :

1. We call our brother (s) and sister (s) our siblings. Yes
2. We call the children of our uncles and aunts cousins.
3. These days large/joint family are gradually breaking up because family members live separately due to earning money and educating children.

4. Houses We Live In

- A.**
1. Different types of houses are : (i) Kuchcha (ii) Pucca houses (iii) Temporary houses (iv) Movable houses
 2. Materials that are used to make kuchcha house are : mud, leaves and straw.
 3. Name of the materials used to make a pucca house are : iron, bricks and concrete.
 4. Igloos are made of ice. Inuits live in Igloos.
 5. Uses of windows in a house are : (i) Windows allow sunlight and fresh air come into the house. (ii) They also help to let the stale air out.
- B.**
- | | | |
|----------|---------|----------|
| 1. False | 2. True | 3. False |
| 4. False | 5. True | |
- C.**
- | | | |
|-----------|-------------------|-------------|
| 1. house | 2. Kuchcha, pucca | 3. floating |
| 4. Igloos | 5. sunlight | |

Hots :

1. Name of any two types of movable houses are : (i) Houseboat (ii) Caravan
2. Banjaras move from place to place on caravans.

Picture Activity :

Do yourself

Things To Do :

Do yourself **Subject Link :**

Do yourself

Olympiad Questions :

1. An ideal house is one which is free from, dust, dirt and insects like mosquitoes, flies and rats etc. An ideal house should also have many windows.
2. Benefits of having many windows in a room are : (i) Windows allow sunlight and fresh air come into the house. (ii) They also help to let the stale air out.

5. Food We Eat

- A.**
1. Our body needs food to grow and to get energy to work, study or play.
 2. Name of different kinds of food are : (i) Energy giving food, **Example :** Milk (ii) Body building Food, **Example:** Cheese (iii) Protective Food, **Example :** fruits
 3. (i) Radish (ii) Carrot
 4. Some people eat the meat of animals like fish, hen and goat along with vegetable food. They are called non-vegetarians.
 5. We should drink sufficient water because it helps us to digest the food we eat; it also helps us to throw out the undigested wastes from the body in the form of sweat, urine or stool.
- B.**
- | | | |
|---------|----------|---------|
| 1. True | 2. False | 3. True |
| 4. True | 5. True | |
- C.**
- | | | |
|-----------|------------------|---------------|
| 1. energy | 2. body-building | 3. vegetables |
| 4. blood | 5. chew | |

Hots :

1. Fruits and vegetables protect our body from diseases, so they are called protective food.
2. Vegetarian people also drink milk because it is a complete food.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Food items we get or make from milk are : curd, cheese, butter.

Olympiad Questions :

1. We should eat all types of food to get all nutrients.
2. (i) It helps us to digest the food we eat. (ii) It also helps us to throw out the undigested wastes from the body in the form of sweat, urine or stool.
3. Obesity means having too much body fat. We can get rid of it by doing exercise daily and by taking only nutritious food.

6. Clothes We Wear

- A.**
1. We wear clothes to protect our body from heat, cold, rain and dust.
 2. We get wool from the hair of sheep.
 3. We wear cotton clothes in summer because they are light. They absorb the sweat from our body fast and keep us cool.
 4. We wear raincoats and gumboots in Monsoon.
 5. Clothes made of artificial fibres or man-made fibres are called synthetic clothes.
- B.**
- | | | |
|----------|----------|----------|
| 1. True | 2. False | 3. False |
| 4. False | 5. True | |
- C.**
- | | | |
|-----------|------------------|--------------|
| 1. cover | 2. cotton plants | 3. synthetic |
| 4. rubber | 5. wool | |
- D.** Do yourself

Hots :

1. Cotton is spun in big mills to make cotton thread, it is called spinning.
2. Name of two artificial or man-made fibres are : (i) Rayon (ii) Nylon

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

We get cotton from cotton plant, wool from sheep, silk from silkworm and other fibres artificially.

Olympiad Questions :

1. Cashmilon is a synthetic fibre made from acrylic which is very soft.
2. Name of two animals that give us wool are : (i) sheep (ii) yak
3. People of very cold places wear heavy clothes which are made of leather or wool and lined with fur.

7. Healthy Habits

- A.**
1. Good health is the state of being well and free from illness.
 2. By following certain good habits, we can keep ourselves healthy and free from diseases.
 3. We should wash our hands well with soap and water before and after every meal.
 4. If we eat too many chocolates or ice-creams, it would cause tooth decay and sore throat.
 5. Posture is the way a person holds his or her body. We should adopt proper posture while standing or sitting to keep our back straight and well.
- B.**
- | | | |
|---------|---------|----------|
| 1. True | 2. True | 3. False |
| 4. True | 5. True | |
- C.**
- | | | |
|-------------|------------|-------------|
| 1. early | 2. bathing | 3. balanced |
| 4. exercise | 5. three | |

Hots :

1. We should visit a dentist once in every six months.
2. Three things we should never do : (i) We should never bite our nails (ii) We should never pick our nose with our finger. (iii) We should never spit on the floor.

Picture Activity :

Do yourself

Things To Do:

Do yourself

Subject Link :

Do yourself

Olympiad Questions :

1. Food should be cooked well before eating to kill all the germs present in it.
2. We should include vegetables, fruits and milk in our daily diet.
3. Sleep is necessary for good health because it gives complete rest to our body and brain. It refreshes us and makes us healthy for the next day's work.

8. Places in Our Neighbourhood

- A.**
1. Neighbours help us in need.
 2. A bank provides these useful service : we can keep our money, jewellery, etc. in the bank and we take them out when we need them.
 3. We can buy stamps, post cards, inland letters, envelopes from a post office.
 4. Policemen maintain law and order.
 5. A nurse looks after the patients admitted in the hospital. She takes their temperatures and gives them medicines and injections.
- B.**
- | | | |
|----------|----------|---------|
| 1. False | 2. False | 3. True |
| 4. True | 5. True | |
- C.**
- | | | |
|--------------|----------------|--------------|
| 1. festivals | 2. jewellery | 3. ambulance |
| 4. octors | 5. post office | |

Hots :

1. We call the parents of our friends uncle and aunt.
2. We can buy bread, butter and cakes from a confectionery shop.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

He bought total three items from the market. Total cost of items = 60 + 60 + 70 = 190 rupees

Olympiad Questions :

1. A shopping mall is a large building which contains a lot of shops, stores and restaurants. Yes
2. Fire station put out the fire of a house or building in our neighbourhood.
3. Policemen maintain law and order in the area.

9. Our Helpers

- A.** 1. A gardener looks after our garden.
2. A washerman washes and irons our clothes.
3. A driver drives a train.
4. A sweeper keeps our streets and roads clean.
5. We should behave well with these people.
- B.** 1. False 2. False 3. False
4. True 5. False
- C.** 1. cobbler 2. barber 3. green grocer
4. farmer 5. gardener
- D.** 1. (d) 2. (a) 3. (e)
4. (b) 5. ©

Hots :

1. A sweeper sweeps and keeps our streets and roads clean.
2. Name of three social assistants who do manual work are :
(i) Gardener (ii) Washerman (iii) Sweeper

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Do yourself

Olympiad Questions :

1. We call a plumber when our water tap is leaking.
2. By growing crops, fruits, vegetables a farmer help the society. 3.
We call them Intellectuals.

10. Our Places of Worship

- A.**
1. The place where we offer our prayer is called a place of worship.
 2. Name of some places of worship are : Temple, Mosque, Gurudwara, Church
 3. The two things that the Hindus offer in a temple are flower and sweet.
 4. Langars are held in Gurudwaras.
 5. Christians offer their prayer to Jesus Christ and Mother Mary.
- B.**
1. False
 2. True
 3. False
 4. False
 5. True
- C.**
1. (d)
 2. (e)
 3. (b)
 4. (a)
 5. ©

Hots :

1. Muslims offer their Namaz five times in a day.
2. The priests perform aarti during puja.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Hindus call Gods 'Ishwer, Prabhu, Bhagwan, Muslims call 'Allah' and Cristians call God.

Olympiad Questions :

1. Saying our prayer is the way of offering our reverence to God.
2. Special prayers are held on every Sunday in churches.
3. All religions teach us to live in peace and harmony.

11. Festivals We Celebrate

- A.**
1. People of many religions live in peace and harmony in our country.
 2. hristmas is celebrated to mark the birthday of Jesus Christ.
 3. During Gurpurab special langars are held.
 4. Onam is celebrated for ten days.
 5. Effigies of Ravana, Meghnad and Kumbhakarna are burnt during Dussehra.

- B.** 1. False 2. False 3. True
4. True 5. True
- C.** 1. (e) 2. (c) 3. (d)
4. (b) 5. (a)

Hots :

1. Many festivals are celebrated all round the year in India, so, India is called the 'Land of Festivals'.
2. During Holi the Holika is burnt.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

People of India celebrate many festivals all round the year. Some of these festivals are religious festivals, some are our National festivals while some others are harvest festivals. Therefore, 'India is a land of festivals'.

Olympiad Questions :

1. The advent of spring season is marked by Holi.
2. People decorate their houses with beautiful flowers and Rangolis during Onam.
3. Special sports event snake boat race is held during Onam.

12. Our National Festivals

- A.** 1. We celebrate three National Festivals.
2. India became free on 15th August, 1947.
3. Our Prime Minister addresses the nation on the Independence Day.
4. Our President hoists the National Flag on the Republic Day.
5. People offer tribute to Mahatma Gandhi and sing Ramdhun, his favourite bhajan on Gandhi Jayanti.
- B.** 1. False 2. True 3. True
4. True 5. True
- C.** 1. (d) 2. (a) 3. (e)
4. (b) 5. ©

Hots :

1. British ruled over India before independence.
2. Mahatma Gandhi was born on October 2, 1869, at Porbandar in Gujarat.

Picture Activity :

Do yourself

Things To Do:

Do yourself

Subject Link :

We celebrate National festivals to mark the importance of historical events in the country and to value the sacrifice and contribution of various freedom fighters and great leaders.

Olympiad Questions :

1. Dr. B. R. Ambedkar wrote the Constitution of India.
2. Ramdhun was the favourite bhajan of Mahatma Gandhi.
3. Our President is the Supreme Commander of the three armed forces.

13. Transport We Use

- A.**
1. The four major means of transport are : (i) Road transport (ii) Rail transport (iii) Water transport (iv) Air transport
 2. Name of some slow moving vehicles are : cycle, rickshaw, bullock cart, horse cart.
 3. A road connects different places on land.
 4. A train can carry hundreds of passengers.
 5. Air transport is the fastest means of transport.
- B.**
1. True
 2. True
 3. True
 4. True
 5. False

Hots :

1. The full form of CNG is Compressed Natural Gas.
2. Name of three means of water transport are : (i) Boat (ii) Ship (iii) Steamer.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Do yourself

Olympiad Questions :

1. A transport owned by the government is called public transport.
2. Aeroplane
3. Rockets are used to go into space.

14. Means of Communication

A. 1. We need to communicate with others to share our thoughts and ideas to let them know about our feelings.

2. Early man communicate with the help of pictures.

3. We share our thoughts and ideas with others by using voice and hands, letters, mobile etc.

4. Name of four means of communication are : (i) letter (ii) mobile (iii) Radio (iv) computer

5. Do yourself

B. 1. False

2. False

3. True

4. True

Hots :

1. We drop our written message (letter) in a letter box. This is collected by postman. He takes it to the post office. There it is send to its destination by mail van.

2. Do yourself.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Importance of communication in our life: (i) Communication helps us in exchange of information and knowledge. (ii) It develops relationships with others.

Olympiad Questions :

1. No
2. Mobile phone
3. No

15. Be Safe

- A.**
1. We can avoid accidents by following some safety rules.
 2. We should not play with matchsticks because we may light them accidentally and cause fire.
 3. Name of some sharp objects are knife, scissors, blade.
 4. We should cross the road at zebra crossing.
 5. We should not fly kites on the open roof because we may fall down and sustain injury.
- B.**
- | | | |
|----------|---------|----------|
| 1. False | 2. True | 3. False |
| 4. False | 5. True | |
- C.**
- | | | |
|--------|--------|--------|
| 1. (b) | 2. (c) | 3. (a) |
| 4. (e) | 5. (d) | |

Hots :

1. We should not touch electric sockets or wires with wet hands because it may give us shock.
2. We should not push anyone while playing because it can hurt anybody.

Picture Activity :

Do yourself

Things To Do :

Do yourself

Subject Link :

Do yourself

Olympiad Questions :

1. We should not run or play on the stairs because we may fall down and get hurt.
2. We should form a queue while coming out of school. 3. We should get in or out of a school bus in a queue.

16. Discovery of Fire

- A. 1. The early man ate raw flesh because he did not know how to cook the food.
2. When the early man saw forest catching fire and wild animals running away in fear, he knew the power of fire.
3. Early man kept some dry grass and leaves beneath the stones then rubbed the stones and they caught fire. This way, he made fire for the first time.
- B. 1. True 2. False 3. False

Hots :

1. The early man killed wild animals with stones.
2. The early man was afraid of wild animals.

Picture Activity :

Do yourself

Things To Do :

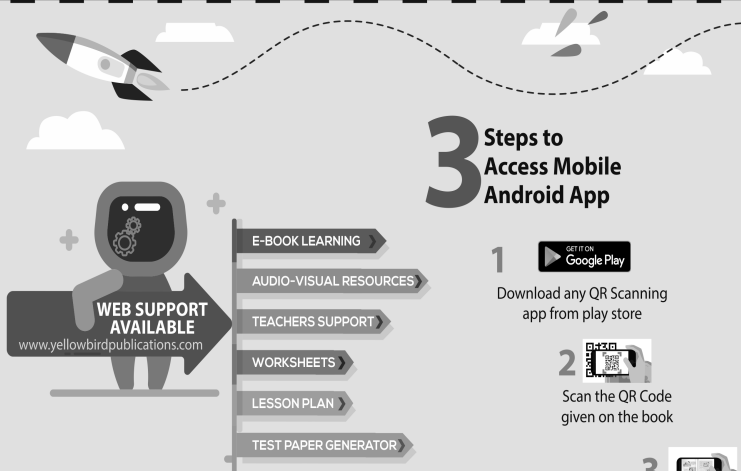
Do yourself

Subject Link :

Life changed by the development of fire from past to today's life. People cook food with it, cooked food is soft and tasty. People protect themselves from cold by fire in winters.

Olympiad Questions :

1. The early man found flesh of a burnt animal tasty.
2. One day, early man noticed that sparks of fire comes out when two stones are struck.
3. Discovery of fire changed his life completely. He could now cook his food with it. He could protect himself from cold and wild animals. He could also light his cave at night.



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